



*What's next?*

Collage is a deep, intuitive heart process. Sometimes its helpful to have a starting point. Here is a list of questions that might help you decide which page(s) to release next in your process. I recommend scanning the list to see which question(s) stick out for you:

Questions for yourself:

- What is it that I am most afraid of?
- What is blocking me?
- What am I most hopeful for?
- What am I grieving?
- Who am I grieving?
- What do I need to know that I'm not aware of?
- What do I long for?
- Who have I been made to be?
- What brings me joy?
- What wall am I facing?
- What lies am I believing?
- Where did those lies come from?
- What patterns in my life are limiting/blocking me?

*Questions for God:*

- Who do you want to be for me today?
- What is your response to my pain?
- What do you most enjoy about me?

*Questions for parts of soul:*

- Who inside has something they would like me to know?
- What is your story?
- What can I do to better help/support you?

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*Every soul has a story to tell...*

*Find your voice.*